LESSON PLAN

The Thrift of Strength

GRADES	TIME	READING LEVEL
9+	50 min	2

Lesson flow



5 min

Opening Hook

Start with a brief discussion on what strength means to students. Ask them to define it in their own words and share examples of strong individuals they admire.

15–20 min

Story Exploration

Read "The Thrift of Strength" aloud to the class. Emphasize the key moments where the characters interact. Encourage students to visualize the scene as you read.

15 min

Analysis Exercises

Divide students into small groups and have them discuss the characters' motivations. Each group will create a mind map on the whiteboard that connects the characters to the story's moral.

10 min

Application/Reflection

Ask students to write a short paragraph reflecting on a time they supported someone or received help. Encourage them to connect their experiences back to the moral of the story.

5 min

Assessment Strategy

Collect students' reflections and review them for understanding of the moral. Provide brief verbal feedback to each student.

STORY OVERVIEW

- **Title and Moral/Theme**: The Thrift of Strength; True strength lies in using one's abilities to help others, encouraging collaboration and mutual support in overcoming challenges.
- **Plot Summary**: In this captivating moral story, a weak man encounters a strong man while climbing a hill. The weak man explains that he chose the easier path due to his limitations and requests assistance. The strong man, valuing his strength as a gift meant to help others, agrees to help and instructs the weak man to push from behind as they ascend together.
- **Key Characters**:
  - **Weak Man**: Represents those who face challenges and seek support.
  - **Strong Man**: Embodies the idea of using one's strengths for the benefit of others, illustrating the importance of collaboration.

LESSON FUNDAMENTALS

- **Learning Objectives**:
  - Students will understand the moral of the story and its relevance to personal strength.
  - Students will identify key characters and their roles in conveying the story's message.
  - Students will analyze how collaboration can lead to overcoming obstacles.
  - Students will articulate personal experiences where they have collaborated with others to achieve a goal.
- **Discussion Questions**:
  1. What does the strong man mean when he refers to his strength as a "sacred gift"?
  2. How can we apply the message of this story in our daily lives?
  3. Can you think of a time when you needed help or when you helped someone else? How did that experience make you feel?
- **Required Materials**:
  - Copies of the story "The Thrift of Strength"
  - Whiteboard and markers
  - Paper and pencils for students

✓ Original text available on the story page.